



# L.I.F.E. *Style*

November 2014

## How Playing An Instrument Benefits Your Brain

Anita Collins' Animated Feature Examines Some Positive Effects of Music Making

When you listen to music, multiple areas of your brain become engaged and active. But when you actually play an instrument, that activity becomes more like a full-body brain workout. What's going on? Anita Collins explains the fireworks that go off in musicians' brains when they play, and examines some of the long-term positive effects of this mental workout.

Watch the short video by visiting <http://ed.ted.com/lessons>  
In the search box type **Brain Benefit**.

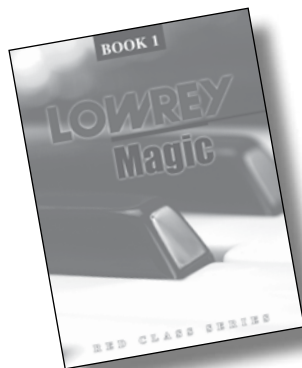
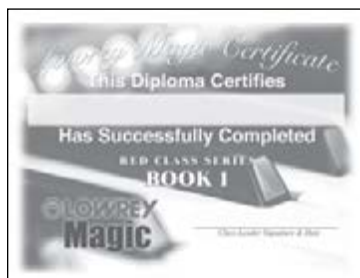


## How Can I Stick With Learning A New Instrument?

Every beginner hits hurdles that make it difficult to keep learning music. For beginners, it is often tough to accept that it takes a lot of time and effort to become the practiced musician they dream of, but with the following tips, you'll find it easy to stay interested in your music lessons.

- Choose your instrument wisely
- Learn music you like
- Learn with others
- Avoid rudiments and scales
- Don't be afraid to jam

*Sounds just like Lowrey Magic Classes!*



What? No **EASY** button?



**L.I.F.E. Chapter Contact:**  
[chapterpres@lowrey.com](mailto:chapterpres@lowrey.com)

Direct other L.I.F.E. inquiries to Jacqueline Mavros. 708-352-3388 x 230 [jacquelinem@lowrey.com](mailto:jacquelinem@lowrey.com)



# MCS +

by: Bil Curry

## What it is:

MCS+ is a new feature currently found on the Lowrey "Liberty" and "Inspire". The new Lowrey MCS+ feature expands the left-hand chords by adding notes above the normal MCS range. Whether you play one finger or full chords, it's like having a helping hand. Without MCS+, you would have to use two hands and know how to add 6ths, 7ths, 9ths, 11ths, & 13ths when appropriate (see examples at the end).

## How to use it:

This new feature is best when playing ballads or slower songs that are traditionally considered jazz standards. If using a style, try turning off the Orch Plus so you hear a more basic style with the MCS+ providing the "icing on the cake". Here are some song suggestions:

<i>Alfie</i>	<i>Feelings</i>	<i>O Danny Boy</i>
<i>Always</i>	<i>Getting Sentimental Over You</i>	<i>Red Roses For A Blue Lady</i>
<i>Am I Blue</i>	<i>Harbor Light</i>	<i>September Song</i>
<i>At Last</i>	<i>Here's That Rainy Day</i>	<i>Slow Boat To China</i>
<i>Autumn In New York</i>	<i>Hey There</i>	<i>Smile</i>
<i>As Time Goes By</i>	<i>I Can't Get Started</i>	<i>Somewhere Over The Rainbow</i>
<i>Autumn Leaves</i>	<i>Misty</i>	<i>Sophisticated Lady</i>
<i>Body and Soul</i>	<i>I'll Be Home for Christmas</i>	<i>Stardust</i>
<i>Bye Bye Blackbird</i>	<i>In A Sentimental Mood</i>	<i>Stormy Weather</i>
<i>Bye Bye Blues</i>	<i>It Might As Well Be Spring</i>	<i>Tenderly</i>
<i>Chances Are</i>	<i>I've Got A Crush On You</i>	<i>'Til There Was You</i>
<i>The Christmas Song (Chestnuts Roasting...)</i>	<i>Laughter In The Rain</i>	<i>Unforgettable</i>
<i>Christmas Time Is Here</i>	<i>Laura</i>	<i>The Way You Look Tonight</i>
<i>Cry Me A River</i>	<i>Let It Be Me</i>	<i>What Kind Of Fool Am I?</i>
<i>Daddy's Little Girl</i>	<i>Mona Lisa</i>	<i>What's New</i>
<i>The Days of Wine and Roses</i>	<i>Mood Indigo</i>	<i>When I Fall In Love</i>
<i>Deep Purple</i>	<i>Moon River</i>	<i>When You Wish Upon A Star</i>
<i>Deep River</i>	<i>Moonlight In Vermont</i>	<i>White Christmas</i>
<i>Ebb Tide</i>	<i>Moonlight Serenade</i>	<i>Wind Beneath My Wings</i>
<i>Embraceable You</i>	<i>My Funny Valentine</i>	<i>You Made Me Love You</i>
<i>Fascination</i>	<i>The Nearness of You</i>	<i>You'll Never Know</i>
	<i>Night and Day</i>	

## MCS+ example:



# Lowrey.com

Lowrey set to install updated web site!

You may begin noticing changes at the official Lowrey web site as we begin making upgrades and changes at [www.lowrey.com](http://www.lowrey.com). The new platform features streamlined design tools that make content management and presentation much more direct. Stay tuned and be sure to let us know what you think of the changes we make at [lowrey.com](http://lowrey.com).



# H.F.O.T. Volunteer Day



Dennis Kaplan, Michael Fox, Joyce Kaplan



The folks at Dallas Metro L.I.F.E. have been involved in a variety of support efforts for H.F.O.T. (Homes For Our Troops) for many years. Most recently Dennis and Joyce Kaplan spent a volunteer day, along with many others, at the home of military Veteran Michael Fox. The day was spent planting trees and bushes and laying some much needed sod.

To learn more about H.F.O.T. and how your L.I.F.E. group can get involved visit [www.hfotusa.org](http://www.hfotusa.org)





Lowrey LIFE  
 989 AEC Drive  
 Wood Dale, IL 60191

## Member's Only Discounts! EZ Play Song Books

**November 2014**

***Big Band Favorites - 2nd Edition***

Regular Price \$7.95

Members Receive a 25% Discount

*E-Z Play Today*

*Volume 31*

21 all-time big band hits: *I'll Be Around* • *I'll Never Smile Again* • *It's the Talk of the Town* • *Manhattan* • *My Melancholy Baby* • *Stompin' at the Savoy* • *A String of Pearls* • *Tuxedo Junction* • more.



Use L.I.F.E. code: LL11

Hal Leonard song book code: 100010

**December 2014**

***A Charlie Brown Christmas***

Regular Price \$10.99

Members Receive a 25% Discount

*E-Z Play Today*

*Volume 169*

It wouldn't be Christmas without the beloved classic *A Charlie Brown Christmas*! 10 songs from Vince Guaraldi's timeless soundtrack: *The Christmas Song* • *Christmas Time Is Here* • *Für Elise* • *Hark, the Herald Angels Sing* • *Linus and Lucy* • *Skating* • *What Child Is This* • and more.



Use L.I.F.E. code: LL12

Hal Leonard song book code: 100148

To order: visit [www.musicdispatch.com](http://www.musicdispatch.com), or call 1-800-637-2852 Please note, there is a shipping and handling charge.

**NEW L.I.F.E. MEMBERS - Use Member #37300 for Member Only Song book Discounts**