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L.I.F.E.

Style

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January 2014

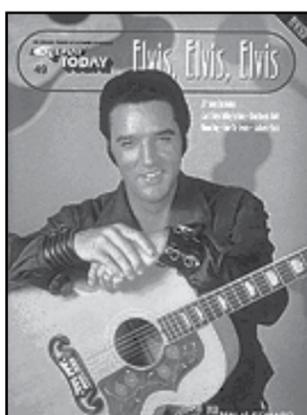
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To order: visit www.musicdispatch.com, or call 1-800-637-2852 Please note, there is a shipping and handling charge.

NEW L.I.F.E. MEMBERS - Use Member #37300 for Member Only Song book Discounts

Is Music The Hobby That Can Make You More Successful?

The benefits of music have been recognized for many years -- studies have shown that listening to it can reduce stress, boost heart health and protect the brain. But, according to Miri Ben-Ari, its most significant effect may be its ability to make you more successful.

Ben-Ari, a Grammy-award winning violinist who has been influenced by the power of music since she was young, said that practicing the craft can have a large impact on self-esteem. On a recent HuffPost Live segment, she outlined the connection between successful actors and policy makers and their musical hobbies to host Nancy Redd.

"Defining successful people and finding the annex between their success and musical education, that's a no brainer," Ben-Ari said. "It has been proven that music education contributes to development of the brain -- especially the left side that has to do with processing languages -- to your overall social skills, intelligence, the ability to focus and discipline ... so I totally see this annex between successful people and music education."

10/18/2013 www.huffingtonpost.com/news/third-metric/



And The E-ZP3 Winner Is... Monica Starks of Michigan

Congratulations! Your Name Was Drawn From the Lowrey Hat!

And here is what Monica has to say. Thank you for sharing your story with all of us.

"I took piano as a child and played saxophone and French horn in high school. That was a long time ago! Music is the soundtrack of our lives. We hear a song and it takes us back to what was happening in our lives when we heard it. I wanted to recapture music in my life that way. So I bought a keyboard. I knew I didn't want to re-learn piano as I had as a child so I needed to do something. I called Evola Music and signed up for the keyboard class. I'm now in Level 3 and bought an EZ2. I can play each EZ model including the Fanfare (pictured). So I wrote a song about it to the tune of L.O.V.E. by Nat King Cole:

L is for my Lowrey EZ2
I is my instrument to play for you
F is fun and fascinating too
E is everyone can play and have fun every day
LIFE is not complete with music too
LIFE is a soundtrack, I can play for you
Friends in LIFE can play it
Each song is different by who plays it
LIFE was made for me and you





Virgin Mary Had A Baby Boy

by: Bil Curry

Here's a traditional Christmas song from Trinidad. The Calypso style is perfect for this but the Rhumba and other Latin styles will work too. Be sure you don't play it too fast. Have a very Merry Christmas and may your New Year be just fantastic!

Virgin Mary had a Baby Boy

Traditional Carol from Trinidad

Use *Calypso*, *Rhumba*, or other Latin style & their Presets (Setups).

(Play each verse twice, then go to REFRAIN)

VERSES

1. The Vir - gin Ma - ry had a ba - by boy, The
 2. The an - gels sang when the ba - by born, The
 3. The wise men saw when the ba - by born, The

Vir - gin Ma - ry had a ba - by boy, The Vir - gin Ma - ry had a
 an - gels sang when the ba - by born, The an - gels sang when the
 wise men saw when the ba - by born, The wise men saw when the

ba-by boy, And they said that his name was Je - sus. The Je - sus.
 ba-by born, And pro-claim him the Sav-iour, Je - sus. The
 ba-by born, And they say that his name was Je - sus. The

REFRAIN:

He come from the glo - ry, He come from the glo - ri ous King - dom!
 He come from the glo - ry, He come from the glo ri ous King - dom!
 Oh, yes, be - lie - ver! Oh, yes, be - lie - ver!
 He come from the glo - ry, He come from the glo - ri ous King - dom!

Playing Music Protects Memory, Hearing, Brain Processing

Want your brain to be as fit as a fiddle, even after you are old and gray? Then learn how to play a real violin. Or a tuba. Or just about any other musical instrument.

Scientific research over the years has shown that studying music has many rewards, from improving performance in school to dealing with emotional traumas, but the newest research shows that it can do even more than that.

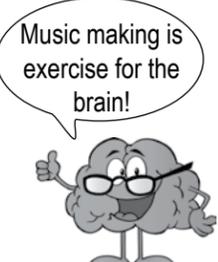


It can fine tune the human brain, biologically and neurologically enhancing its performance and protecting it from some of the ravages of time.

Think of musical figures who have had long careers -- from Mick Jagger to Paul McCartney to Barbara Cook -- and it appears there's something, beyond love of their art, that has kept them going.

Feb. 1, 2012 Column by LEE DYE via Good Morning America
 Read the entire column at abcnews.go.com

Type 'Playing Music Protects Memory' in the search box.



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